

THIS IS OUR FREEDOM *Weekly Report*



**HONOR
EXCELLENCE
TRADITION**





**WE ARE
BETTER
TOGETHER**





LATINOS IN ACTION PRESENTS...

HISPANIC WEEK HERITAGE

MONDAY SEP. 25



DRESS UP: Jersey Day!

Wear your favorite **Hispanic's sports team jersey or colors!**

CULTURAL EXHIBITION:

Come and take a look to the exhibitions of our beautiful culture at the courtyard during both lunches!

TUESDAY SEP. 26



QUESTIONS FOR CANDY!

LIA students will walk around the cafeteria/courtyard with trivia questions and **candy** during both lunches!

WEDNESDAY SEP. 27



A TASTE OF HISPANIC CULTURE:

LIA students will host a table filled with samples during both lunches of different foods and drinks!

DRESS UP: Wear a Hispanic country flag colors! (no flags, no hats)

THURSDAY SEP. 28



GAMES DAY!



LIA Students will place common games in Hispanic countries during both lunches at the courtyard.

DRESS UP: Hispanic artist day! Students, Teachers and Staff will be able to dress up as their favorite artist!

FRIDAY SEP. 29



BINGO: LIA will host a Bingo during both lunches at the courtyard, and the winner will receive a **CHICK-FIL-A GIFT CARD!**





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F R E E D O M H I G H S C H O O L

COMMUNITY CORNER

JOJO'S SHAKE BAR: A PROUD SPONSOR OF FHS



Celebrate Your Patriot Pride at JoJo's Shake Bar at 9101 International Drive

We are excited to team up with JoJo's ShakeBar as a Partner in Education.

JoJo's ShakeBar is described as being, "Grounded in nostalgia...will leave kids in awe and transport adults to simpler times with its 80s/90s-inspired details, like arcade game tables and a walk-up window for shoppers on the run."

Make plans to visit JoJo's with your family, and support a local business that is invested in our success.

Thank you to JoJo's ShakeBar for your support of Freedom High School.

9101 INTERNATIONAL DR.
JOJOSHAKEBAR.COM

FREEDOM HIGH SCHOOL SPIRIT NIGHT

FRIDAY, SEPTEMBER 22ND

REP YOUR SCHOOL
PRIDE AT JOJO'S FOR
20% OFF
YOUR ENTIRE BILL!

*MUST WEAR FREEDOM HIGH GEAR & PRESENT OR MENTION THIS FLYER FOR VALID DISCOUNT

Student success is an essential part of what we strive for at Freedom High School. Our teachers and staff are focused on reaching our literacy goals and working in their collaborative groups on ways to implement strategies to support all of our students. The opportunities that our teachers provide for students in their respective classrooms, promote learning and engagement in new and creative ways. In many cases, our teachers look to challenge students even further to expand their capabilities and help them reach new heights.

Sharanya Chatterjee is an example of a student who makes the most of the opportunities here and we are so excited and honored to celebrate her success. Her perfect scores on the AP Exams in Calculus BC and English Literature and Composition are the results of her dedication and the quality of our teaching here at Freedom.

We are most proud of the work we do in helping prepare students for success in their futures, and its always exciting when that impact leads a student back to us as educators. I am proud of seeing the Alumni who are reinvesting in our school, our students, and our community. It is a sign of a school that is thriving and understands its true purpose.

Freedom High School is truly better because of all that we accomplish together.



WE ARE FREEDOM

Charles France
Principal, Freedom High School



MEET YOUR P.E. TEACHERS



Coach Gina McFerren

Physical Education | Email: Gina.McFerren@ocps.net

Q: What makes a 'good day' at school?

A: A good day at school for me is when all of my students are dressed out and ready to participate. The best thing about a teacher is seeing my students get excited about playing volleyball in class and seeing them grow in the game.



Coach Lynzie Doll

Physical Education | Email: Lynzie.Doll@ocps.net

Q: What inspires you?

A: My inspiration comes from being able to provide students and athletes with opportunities that weren't available to me when I was younger as well as helping individuals achieve their personal goals!



Coach Richard Adorno

Physical Education | Email: Richard.Adorno@ocps.net

Q: What's the best thing about being a teacher?

A: One of the best things about being a teacher is the opportunity to work with each student and helping make them a better person. I like to challenge my students every day to get better and give them leadership position.



Coach Mikel Bush

Physical Education | Email: Mikel.Bush@ocps.net

Q: What inspires you?

A: I am inspired by thinking ahead, setting goals, and finding ways to achieve them. I fear living a mediocre life and understand that it takes effort and sacrifice to make your dreams a reality.



Coach Doug Steele

Physical Education | Email: Douglas.Steele@ocps.net

Q: What's the best thing about being a teacher?

A: The best thing about teaching is the relationships you are able to make with the students.



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[OCPS_FreedomHS](https://www.instagram.com/OCPS_FreedomHS)



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UPCOMING EVENTS

FHS Hispanic Heritage Week

Our Latinos in Action student leaders will help us celebrate Hispanic Heritage Month (Sept. 15-Oct, 15) with a week-long lineup of festivities inspired by Hispanic culture and traditions.

25-29
SEP

FHS College Fair

Our College & Career Program will host a college fair for FHS Seniors featuring various educational, technical, and military options available for the Class of 2024.

29
SEP

Open House

Join us as we welcome our Parents and Families to get an inside look at all that goes on here at Freedom High School. Event will begin in the PAC at 5:30pm. More information to come.

02
OCT

'Gothic Mansion' Homecoming Week

Celebrate your Patriot Pride with a full week of festivities leading up to the spookiest party in town as we visit the Gothic Mansion on Saturday, Oct. 7th for the Homecoming Dance.

02-07
OCT

SAT/PSAT Testing Day

Students in 12th grade will take the SAT, while 9th-11th grade students will take the PSAT. This will be a long Wednesday - the school day will end at 2:20pm.

11
OCT



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ACADEMIC ACHIEVEMENTS

On Another Level



Sharanya Chatterjee
PERFECT SCORE ON AP EXAM - CALCULUS BC
1 OF 16 STUDENTS WORLDWIDE



Sharanya Chatterjee
PERFECT SCORE ON AP EXAM - ENGLISH LANGUAGE AND COMPOSITION
1 OF 22 STUDENTS WORLDWIDE



Sharanya Chatterjee continues to raise the bar for academic success at Freedom High School, and now the world.

After earning perfect scores on her SAT and ACT exams last year, and earning recognition as a National Merit Scholarship Semifinalist, Sharanya has received recognition from College Board for perfect scores on AP Exams.

Sharanya earned a perfect score on the Calculus BC exam and the English Literature and Composition, which put her in rare company as one of only a handful of students in the entire world to earn these honors.

She attributes her success to her teachers, Mrs. Kraemer and Ms. Hjelm who continued to challenge her and stretch her abilities academically.

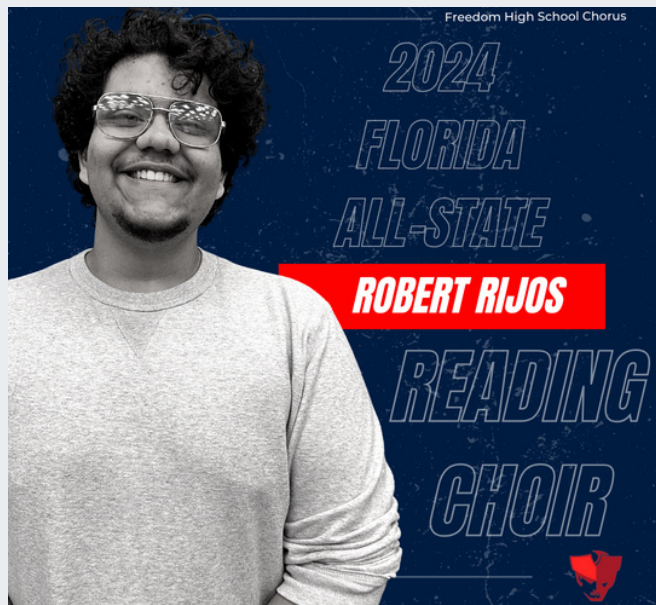
While she continues to be a trailblazer with these perfect scores, when asked about how she feels after an exam she says, "I know if I did well, but there is always that one question that I have doubts about."

Congratulations Sharanya on your accomplishments.

Congratulations Robert Rijos on being selected to the 2024 All-State Reading Choir. Robert will be representing Freedom and OCPS at the Florida All-State Music Education Conference in January!

Being selected into this choir is an incredible honor! Members of this choir are comprised of the top sight-readers in our State! He was one of only 27 Bass singers in the state to be placed in this prestigious choir and 1 out of only 2 basses from Orange County to earn a spot.

We are so proud of you Robert!





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STUDENT LIFE AT FHS



JUNIORS TEAM 2025

Practice Dates

Thursday, Sept. 28th | 6-8pm

Monday, Oct. 2nd | 6-8pm

Tuesday, Oct. 3rd | 6-8pm

@Football Field



SENIORS TEAM 2024

Practice Dates

Friday, Sept. 29th | 2:45-4:45pm

Monday, Oct. 2nd | 2:45-4:45pm

Tuesday, Oct. 3rd | 2:45-4:45pm

@400 Practice Field

Wear cleats if you have them. Make sure to bring your "Signed Risk Form" to the Dean's Office at lunch on Thursday, September 28th or the first practice. If you have any questions, see Coach Langteau outside Dean's Office at lunch on Thursday, September 28th or email him at john.langteau@ocps.net.

PLEASE BRING CLEATS & 'SIGNED RISK FORM' TO THE FIRST PRACTICE IN ORDER TO PARTICIPATE IF YOU HAVE ANY QUESTIONS, SEE COACH KLINE IN ROOM 555 OR EMAIL JOHN.KLINE@OCPS.NET

WINTER SPORTS BEGIN IN OCTOBER

Boys Basketball
Head Coach Todd O'Neal
Email: John.Oneal@ocps.net

Competition Cheer
Head Coach Sara Graham
Email: Sara.Graham@ocps.net

Boys Soccer
Head Coach Juan Baquero
Email: Juan.Baquero@ocps.net

Wrestling (Boys/Girls)
Head Coach David Bush
Email: David.Bush@ocps.net

Girls Basketball
Head Coach Rob Caraballo
Email: Robert.Caraballo@ocps.net

Girls Weightlifting
Head Coach Kristy Kline
Email: Kristy.Kline@ocps.net

Girls Soccer
Head Coach Melanie Longstaff
Email: Melanie.Smith@ocps.net

Special Olympics Basketball
Head Coach Susan Scheuer
Email: Susan.Scheuer@ocps.net



Go to

FreedomHghAthletics.com
for Scores and Recaps

- THIS WEEK IN SPORTS**
- 9.22 | Football vs Ocoee | Kickoff at 7pm
 - 9.23 | Cross Country @ West Orange | 8am
 - 9.26 | Girls Volleyball @ Winter Park | 6pm(JV) / 7pm(V)
 - 9.27 | Bowling vs Lake Buena Vista & Horzon at Sky Lanes | 3pm
 - 9.27 | Golf vs East River at Grande Vista | 3:30pm
 - 9.27 | Dive vs Dr. Phillips at Rosen Aquatic Ctr | 2:30pm
 - 9.27 | Swim vs Dr. Phillips at Rosen Aquatic Ctr | 3:30pm
 - 9.27 | JV Football vs Osceola | 6pm
 - 9.29 | Football @ Oak Ridge | Kickoff at 7pm

Fall Sports @ FHS

- Football
- Girls Volleyball
- Cross Country
- Swimming and Diving
- Cheerleading
- Bowling
- Golf

Athletic Director
Robert Rego
Email: Robert.Rego@ocps.net



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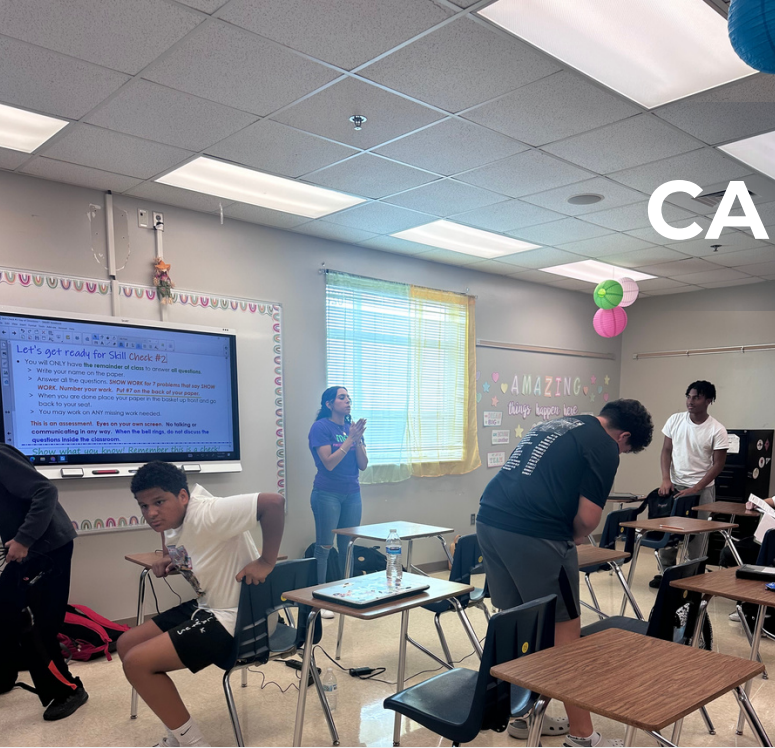


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CAMPUS SPOTLIGHT

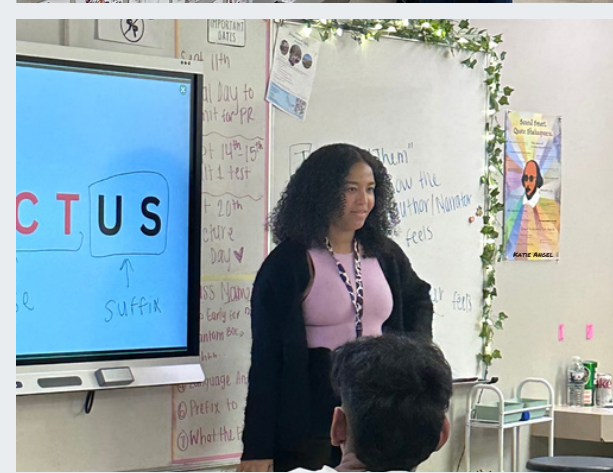
PAYING IT FORWARD

"For these are all our children, we will all profit by or pay for what they become." -James Baldwin



We have the best staff here at Freedom High School. Our talented and experienced group of educators works diligently to support academic success. With each graduating class, we send out students who are equipped to change their world for the better. We celebrate the success of our Alumni, and enjoy hearing from Freedom Graduates who have gone on to lead prosperous lives.

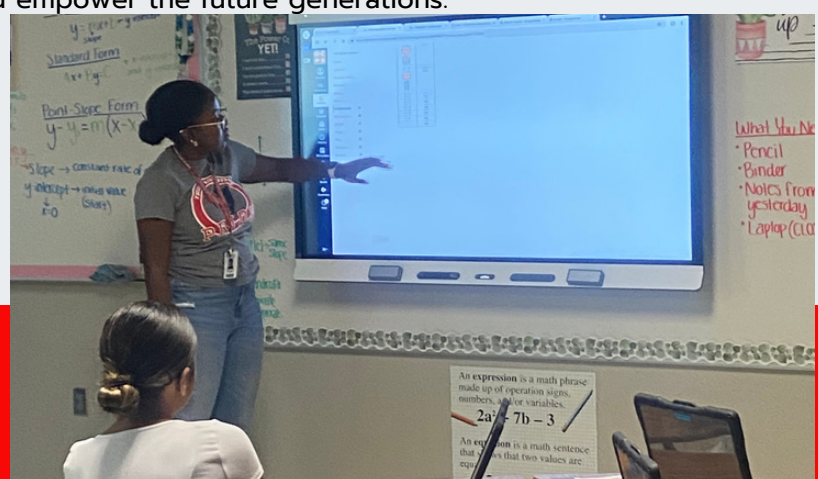
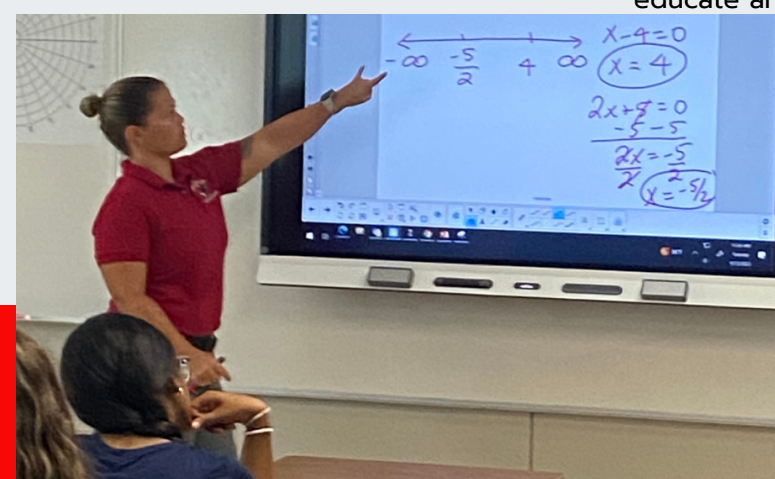
Among those graduates are a special group who answered the call to 'pay it forward' to the next generation. Ms. Rawan Almousa, Ms. Daniela Germosen, Mr. Brian Mendoza, Ms. Michelle Philor, and Ms. Abbey Shipman are in unique company as the few individuals who have occupied both the students desks and now their teacher desks here at Freedom High School.



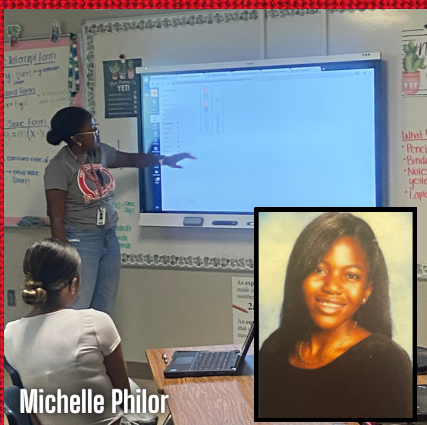
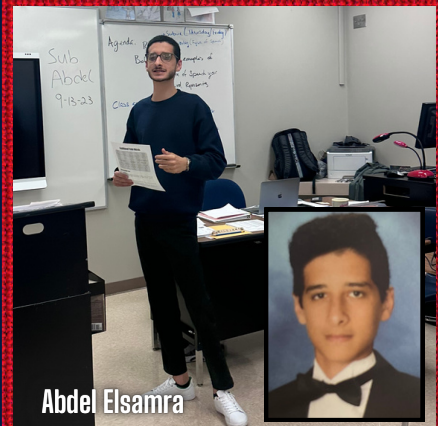
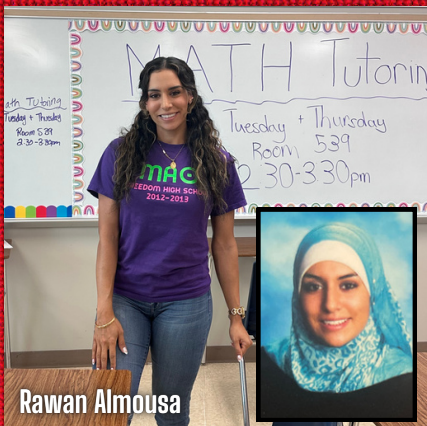
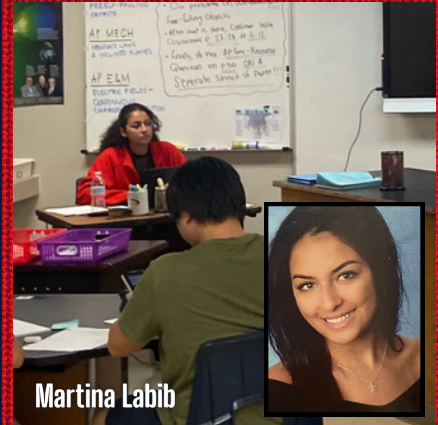
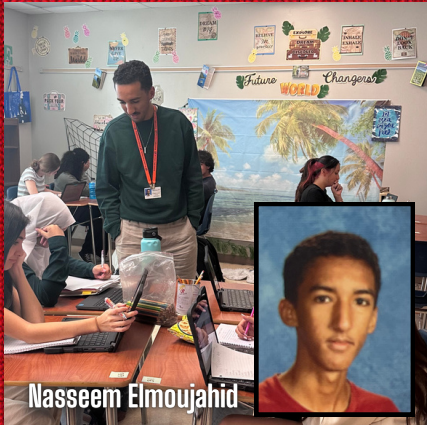
The educators who inspired them, many of whom are colleagues now, shared their passion for teaching with these individuals. When the opportunity came to begin, or continue, their careers in education, they jumped at the chance to make Freedom High School their home...again.

Even in the event that one of teachers has to be absent or attend a professional development session, there is still a great chance that their Substitute is a familiar face to Freedom. Our team of dedicated Substitute Teachers includes an incredible group of Patriot Alumni who serve our students on a daily basis. Ms. Amy Abdelmasih, Mr. Nasseem Elmoujahid, Mr. Abdel Elsamra, and Ms. Martina Labib have all walked these hallowed halls as students, and now - as they work on completing their studies - they return eager to support our students and our staff.

While many of our wonderful teachers and staff are Alumni of OCPS, we are honored to have our own Freedom Patriots come home to help educate and empower the future generations.



Campus Spotlight



Once a Patriot... Always a Patriot

CAMPUS SPOTLIGHT: IN THEIR OWN WORDS

There have been two main teachers who impacted me on both the student and teacher level. Ms. Hjelm taught me the importance of empathy and helped me develop my writing skills. While, Mr. Anderson taught me to stay curious and explore multicultural literature. These two teachers have shaped who I am as not just a student and teacher but also as a person.

-Ms. Daniela Germosen (Class of 2016)

I was inspired to enter education by some of my best English teachers, most of whom are still teachers at Freedom and mentors of mine. They are Ms.Hjelm, Mrs.Caminos, Mrs.Thompson, and Mr. Anderson. Teaching at Freedom means the world to me. I love being able to give back to the community that helped me be a successful student. Freedom is the reason I was able to study at such a great school like Yale University.

-Mr. Bryan Mendoza (Class of 2017)

I came back in fall 2011 as an intern and have been here ever since. I am now teaching siblings of kids I went to school with. It really is a full circle moment. Having grown up here, I am able to develop a rapport with the students on a deeper level. It is still crazy sometimes being on the teacher side of things, but still cool to see how much this school has grown in 20 years and I have been able to be part of so much of that on different levels. I am very honored to be part of this family.

-Ms. Abbey Shipman (Class of 2007)

I am pursuing a Masters degree in Clinical Psychology to become a therapist in the mental health profession. It's a great privilege to impact students and share knowledge with them. I learned a lot during my high school experience and I find it significant to share that experience with students. My studies have taught me to always give others chances to improve. And being part of that improvement is an honor.

-Ms. Amy Abdelmasih (Class of 2020)

Being a substitute teacher at Freedom High School means the opportunity to serve students and inspire students to become the best version of themselves academically. This opportunity highlights the growth and changes that I made from the young, ordinary high school student that I was once was to the medical student that has now grown and achieved the dreams he wanted.

-Mr. Nasseem Elmoujahid (Class of 2017)

I am currently pursuing a Business degree at UCF. Out of many schools I have worked with, Freedom High School has the best staff, teachers, and students. I connect with them on a great level and have seen so many of my teachers that had an impact on me when I was a student - like Mr. Wall. He was a great teacher for me and has helped me improve my English skills. I have substituted his classroom this year and it is still a great class!

-Ms. Martina Labib (Class of 2020)

I've earned a bachelor's degree in Health Sciences. I plan to further my career in the healthcare sector. The knowledge and skills I've gained from my studies have prepared me for diverse opportunities in the field. Substituting at Freedom is quite meaningful to me. It's a chance to give back to a place that was instrumental in my own development. I get to support students in a similar way I was supported during my time here. Each day I'm there, I'm reminded of the bonds I formed and the knowledge I acquired.

-Mr. Abdel Elsamra (Class of 2017)

Gothic Mansion

Homecoming Spirit Week - Dress Up Days

Homecoming Dance Oct. 7th from 7-11pm

[Click Here to Purchase Your Tickets](#)



Mon. - The Walking Dead
(Dress in your PJ's)



Tues. - Clone Day



Wed. - Dark Academia
(Wear Dark Colors)



Thurs. - Harry Potter Day
(House Colors: Red, Blue,
Green, Yellow)

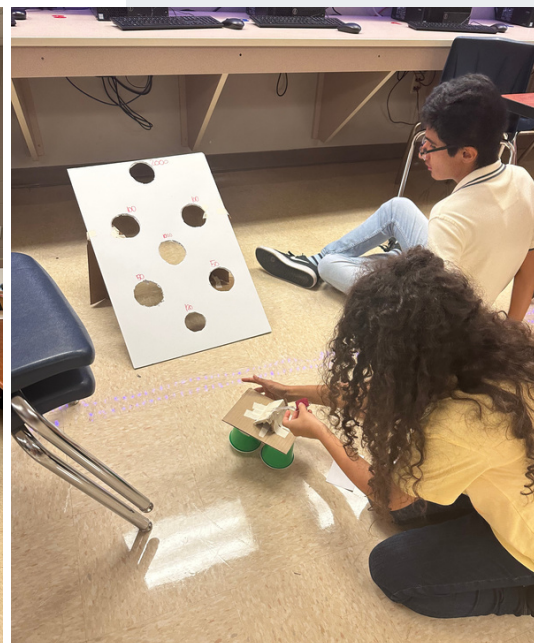


Fri. - Phantom of Freedom
(Wear Red, White, and Blue)

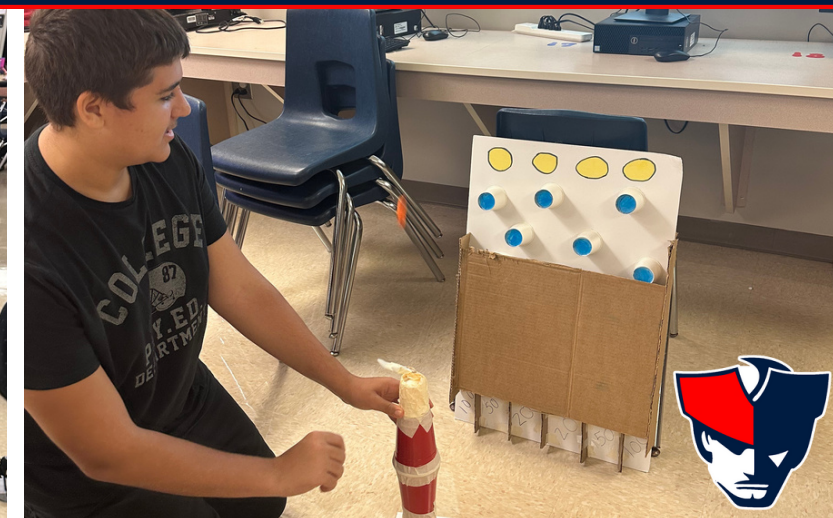


HANDS-ON EXPERIENCE

Engineered for Success



Engineering students in Ms. Schroeder's classes collaborated to design beanbag launchers, and have spent time testing their designs throughout the last few weeks. The students collected data and modified their launchers based on their data analysis. Their final project for this lesson was to create a carnival game that pairs with their beanbag launchers. Students then got to test out and play the games designed by their peers in a Class Carnival!





RUMORS

BY BY NEIL SIMON

DIRECTED BY SARA SKINNER-PROBST

OCTOBER 19-21, 2023 @ 7:00PM

TICKETS ARE \$10 AT WWW.FHSBOXOFFICE.COM



HANDS-ON EXPERIENCE

Students in Mr. Lang's Environmental Science class analyzed owl pellets to determine what the owl ate and how much.

Owls do not digest the bones and fur of what they ate so it compacts into a pellet and the owl spits it back up.

Students identified the animals the owl ate and related it back to the trophic level the owl occupies and why it needed to eat so much food.



On Friday, September 8th, our Pride of the Patriots Marching Band were joined by a special group of future Patriots from the Hunters Creek Middle School band. This was an incredible experience for all the students, and a tradition we look forward to every season!





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THE FREEDOM 4-1-1

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REFLECTIONS OF EARTH: CHORUS CONCERT

FREEDOM HIGH SCHOOL CHORUS

PRESENTS IN COLLABORATION WITH
FREEDOM MIDDLE SCHOOL CHORUS

*Reflections
of Earth*

FREEDOM HIGH SCHOOL PERFORMING ARTS CENTER

2500 WEST TAFT VINELAND ROAD, ORLANDO, FL 32837

THURSDAY, SEPTEMBER 28TH, 2023 | 6:30 PM

ADMISSION IS FREE ; DONATIONS ACCEPTED

$$y = mx + b$$



$$V = \frac{4}{3}\pi r^3$$

MATH TUTORING

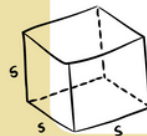
Come Join Us!

Tutoring Sessions

Tuesday & Thursday:

2:30-3:30pm

Room: 539



$$V = s^3$$

$$x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$



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